

# Gatton Swimming Club Inc 2011/2012



## Rules and Regulations

### Contact details

Gatton Swimming Club Phone/Fax: 54621923 (*Note: Phone is only attended on club nights.*)

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Web: <http://www.gattonswimmingclub.net/>

# Welcome to the Gatton Swimming Club

## Club Nights:

Club nights are held at the Gatton Shire War Memorial Swimming Pool on Monday evenings commencing at **6.00 pm**. Sharp. Pool opens to Club members at 5:30 p.m.

## Nominations.

- Nominations for a club night swim close at **5.50pm**. each Monday evening.

**Note: No late nominations will be accepted.**



- Nominations by telephone cannot be accepted under any circumstance.
- The withdrawal of a nomination will however be accepted by telephone to the Pool office or in person at the Clubroom until **5.45pm**.
- No swimmer shall be eligible to nominate for more than **four (4)** swims on each Club points night.
- It is recommended that members nominate each Monday night for the following weeks events or to leave their nominations at the Pool office during the week.



## Cancellation of a Club night:

- The decision to cancel or delay the start of a Club night, owing to adverse weather conditions, will be made by the Club Referee and/or the members of the Club's Executive present on the night. **It is unlikely that this decision would be made prior to 5.45pm on the night concerned, so please do not telephone the Pool prior to this time.** A Club night may be abandoned during the course of the night's programme should the Referee feel that there are conditions that could endanger the safety of swimmers, officials or spectators or that the swimmers could be disadvantaged in some way. No points will be awarded to any swimmer who has completed events prior to the abandonment of the Club swim. If a Championship event was scheduled this event will be rescheduled.



## Responsibilities:

- **Children UNDER THE AGE OF 12 YEARS MUST BE ACCOMPANIED BY AN ADULT** unless there is another adult present who is prepared to be responsible for the conduct of the child whilst inside the Pool grounds.
- **PARENTS ARE RESPONSIBLE FOR THEIR OWN CHILDREN AND SHOULD ENSURE THAT THE CLUB AND POOL RULES ARE ADHERED TO AT ALL TIMES.**
- Swimmers must report immediately when their event is called. No race will be delayed for a swimmer who has failed to report.
- At the Referee's whistle, ALL present are asked to be silent at the start until the competitors are in the water. In fairness to all competitors events can not be started until there is silence.
- The area around the timekeepers must be clear of swimmers at all times.



## Age verification:

- The Club is responsible for ensuring that all members are registered and that they swim in their correct age groups. A copy of each swimming member's **Birth Certificate** must accompany the **Application for Membership** at the time of becoming a financial member of the Club.

## Financial Membership:

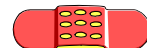
- So that the Club may conform with insurance regulations, swimming members must be financial members of the Club **prior** to their **third** club night swim or they **cannot** be permitted to continue to swim on Club nights. **No points will be allocated to non-financial competitors.**

## Pool safety:

- Diving at the shallow end of the Pool is not permitted (except during supervised Club and inter Club relay events) Diving at depths over 1.8m is permitted. Shallow dives only should be used at all times.
- No one is permitted to enter the water prior to the commencement of the nights swimming programme. When appropriate, time will be allowed for warm-up. However anyone who does not use this time correctly will be told to leave the water immediately.
- Should a swimmer find himself/herself in difficulty in the water he/she should support himself/herself on the lane rope until help arrives. Raising the hand is the recognised sign of difficulty.
- Running is not permitted on any concrete areas. Pushing is *dangerous* and is not permitted anywhere inside the pool grounds.
- **Please Note: - The small pools are out of bounds during Club Nights and must not be used by anyone.**
- The dressing shed area like all 'wet areas' should be treated with extreme caution and no running or fooling around should occur in these areas.
- Swimmers should not wear watches, rings, hair clips, bangles, jewellery etc, in the pool. Those who wear studs and other body piercing jewellery should take suitable precautions.

## Health:

- Parents must ensure their own child's fitness to engage in Club activities.
- Anyone who is suffering from discharges from the eyes, ears or nose or a sore on any part of the body cannot be allowed in the pool.
- Any person with Band-Aids or sticking plaster covers should not enter the pool.
- All persons must shower before entering the water.
- Smoking is not permitted around the pool area during any Club activity.



## Other:

- The **dressing sheds** and **pool grounds** are to be left in a **neat** and **tidy** condition.
- All swimmers should be suitably dressed. Bathing caps are recommended. Swimming costumes and caps from other Clubs, teams etc. must not be worn at inter Club meets.
- It is preferred that all swimmers should wear **Gatton Swimming Club togs** and **T-Shirt to all carnivals.**
- The Club also engages in Inter Club Swimming meets and members are chosen to take part. Parents are also encouraged to attend these meets to give encouragement and support to the swimmers taking part. Notices advising of these meets along with other swims of interest will be on the notice board at the pool and will be referred to on Club nights.
- The Club holds a meeting at the Clubhouse each month. All financial members are invited to attend and to put forward any business felt beneficial to the running of the Club. Meeting times and dates are announced on Club nights.

● **AGE GROUP GRADUATION TIMES**

**FREESTYLE:**



12.5 m to 25 m	16 seconds *
25 m to 50 m	25 seconds
50 m to 100 m	40 seconds
100 m to 200 m	1 min 30 seconds

**BREASTSTROKE:**



12.5 m to 25 m	22 seconds *
25 m to 50 m	29 seconds
50 m to 100 m	52 seconds

**BACKSTROKE:**



12.5 m to 25 m	20 seconds *
25 m to 50 m	27 seconds
50 m to 100 m	47 seconds

**BUTTERFLY:**



12.5 m to 25 m	19 seconds *
25 m to 50 m	27 seconds
50 m to 100 m	45 seconds

**INDIVIDUAL MEDLEY:**

50 m to 100 m	55 seconds
100 m to 200 m	2 minutes

\* Although 12.5 metre event count towards points they are not counted towards the number of swims a swimmer has to complete to qualify for automatic selection in the club championships.

**Please note:-**

1. To graduate, a swimmer must better the relative graduating time once during the season. Swimmers will be automatically graduated once they have beaten the graduating time using **the correct stroke**.
2. Once a swimmer has graduated from 12.5 metres to 25 metres or 25 metres to 50 metres in any stroke the greater distance must be swum on all future Club nights.
3. No points can be allocated to any swimmer who swims in any distance below that for which he or she has qualified on Club points night swims in distance below 50m. **(Note: Although swimmers receive graduation points once they have passed the standards listed above for distance 50m and longer they may still swim these distances each club night.)**
4. The qualifying distances for existing Club members will be carried forward from the previous season. Once a time is recorded by a swimmer this becomes their 'best time' and will be used for point calculations.
5. When a swimmer progresses to a greater distance in any stroke four points will be allocated on graduation. Graduation points are added *after* the completion of each club night. Graduation points are only added once for each stroke/distance.
6. Any swimmer who fails to notify the Club **prior** to the **closing time of nominations**, of their withdrawal from an event or who does not report for an event when called shall be penalised one (1) point for each event not swum.
7. Any swimmer who is disqualified in an event shall not be allocated any points for that event. 12.5 m swimmers who are deemed to have an incorrect stroke (IS) shall receive 1 point for the swim.
8. All swimming rules, conditions and standards shall be, wherever practical, the Swimming Rules as currently applied by the Swimming Queensland.
9. 'Best times' are carried forward from the previous season. 5 seconds will be added to the best times at the start of each season. **Note:** A swimmer who graduated in a previous season cannot swim down a distance even if their new "Best Time" time is slower than the graduating time. (See rule 4 above)

## Allocation of points:

### **Club Nights**

Points are allocated for each swim according to whether or not the swimmers 'best time' for a stroke has been bettered, equalled or not attained. The following table shows how the points are calculated.

Points	Relation to best time	
7	faster by	1.7 seconds
6	faster by	1.2 seconds
5	faster by	0.5 seconds
4	equal	
3	slower by	0.5 seconds
2	slower by	1.2 seconds
1	slower by	greater than 1.2 seconds (finishes event)



Points	
4	bettered graduation time *
1	for finishing an event and time trial (ie. first attempt at a distance.)
0	withdrawal by closing time of nominations and disqualification.
-1	withdrawal after closing time of nominations

\* Graduation points are awarded once only for each stroke/distance in a swimmers career.

### **Age Group Records:**

A swimmer may attempt to set an age group record at any normal Club night swim provided the stroke and distance are already part of the nights programme. The swimmer must indicate to the Referee their intention to do so ONE Week **prior to the closing of nominations**.

## **Championships:**

### **POINTS CALCULATION: OPEN and AGE CHAMPIONSHIPS:**

Place	Points
1 <sup>st</sup>	9 points
2 <sup>nd</sup>	7 points
3 <sup>rd</sup>	5 points
4 <sup>th</sup>	3 points
5 <sup>th</sup>	2 points
finish event	1 point



### **Championship Information:**

- AGE GROUP POINTS CHAMPIONSHIPS:** [age as at the first day of Club Championships.] Points awarded each Club night are tallied up at the end of the Season to provide 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each age group. Points from distance events swum on Club nights are included in the calculations of these Championships.
- OPEN DISTANCE CHAMPIONSHIPS:** (age as at day of championships) 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places in the following events (*Male and Female*)

OPEN 200 metres	Breaststroke.	OPEN 400 meters	Freestyle
OPEN 200 metres	Backstroke	OPEN 400 metres	Individual Medley
OPEN 200 metres	Butterfly	OPEN 800 metres	Freestyle
OPEN 200 metres	Freestyle		

### 3. AGE CHAMPIONSHIPS: (age as at day of championships) (*Male and Female*)

5 yrs and under	25 metres	freestyle, breaststroke, backstroke, butterfly.
6 yrs	25 metres	freestyle, breaststroke, backstroke, butterfly.
7 yrs	25 metres	freestyle, breaststroke, backstroke, butterfly.
8 yrs	50 metres	freestyle, breaststroke, backstroke, butterfly.
9 yrs	50 metres	freestyle, breaststroke, backstroke, butterfly.
10 yrs	50 metres	freestyle, breaststroke, backstroke, butterfly.
11 yrs	50 metres	freestyle, breaststroke, backstroke, butterfly.
12 yrs	100 metres	freestyle, <b>50 metres</b> , breaststroke, backstroke, butterfly.
13 yrs	100 metres	freestyle, <b>50 metres</b> , breaststroke, backstroke, butterfly.
14 yrs	100 metres	freestyle, <b>50 metres</b> , breaststroke, backstroke, butterfly.
15 yrs	100 metres	freestyle, <b>50 metres</b> , breaststroke, backstroke, butterfly.
16 yrs and over	100 metres	freestyle, <b>100 metres</b> , breaststroke, backstroke, butterfly.
Open	100 metres 200 metres	freestyle, <b>100 metres</b> , breaststroke, backstroke, butterfly. Individual Medley

### Eligibility and nomination for Club OPEN and AGE Championships:

- To be eligible to compete in the championship events, a swimmer must comply with the following rules:-
  - Be a financial member of the Club.
  - Have attended and swum at least two (2) strokes (*25metres or over*) over six (6) Club nights (regardless of 'rained out' nights) prior to the closing date for nominations for the Club Championships. For new swimmers, joining after the Christmas break, the number of Club nights attendances required is reduced to three (3).
  - Swimmers can only be selected in events that they have swum 25 metres or over.
- All nominations must be received no later than **7 days** prior to the staging of the Championship event/s. Late entries cannot be accepted under any circumstances.
- Nominations may be accepted from members who do not qualify as per the previous rules, but only after the Championship sub committee has considered the relevant circumstances of each nomination.

### CHAMPIONSHIP SUB COMMITTEE

Club President/Vice Presidents, Recorder, and Club Referee.

### COMPETITION RULES:

- All swimming rules, conditions and standards shall be, wherever practical, the Swimming Rules as currently applied by the Queensland Swimming Association.

### OVERALL CLUB CHAMPION:

The winner of the **Overall Girl Club Champion and Overall Boy Club Champion** is calculated as follows:

**plus** Points gained in the **AGE GROUP POINTS CHAMPIONSHIP**  
**plus** Points gained in the **AGE CHAMPIONSHIP**  
**plus** Points gained in the **OPEN DISTANCE CHAMPIONSHIP**

The Girl or Boy who has the highest number of points then becoming the **Overall Club Champion**.



## Trophy Awards

### SWIMMER OF THE YEAR:

**Gehrke Family Trophy**  
New trophy donated by the Reinhardt Family

#### Criteria:

- Improvement
- Performance
- Clubmanship
  1. Attendance
  2. Conduct
  3. Willingness to swim when selected



- All swimmers (male or female) are eligible to win the trophy. There is no age limit however it can only won once by a swimmer, there after they are ineligible to win this trophy again.
- Recommend a judging panel of five(5) to determine the award. The panel MUST include the club recorder.

### CLUB PERSON OF THE YEAR:

**Sheahan Family Trophy**

#### Criteria:

- Club person attributes
  1. Regular attendance at club nights
  2. Enthusiastic participation in the events suitable for their age and ability
  3. Helping with the running of club nights (setting up, help with younger swimmers)
  4. Participation in club selected carnivals
  5. Attending club functions, fundraising
  6. Setting a good example (behaviour, language, dress, conduct)
- Preference goes to older members of the club who score well under the 'club person' criteria, but miss out on the swimmer of the year.
- Younger members may get the trophy if there are no suitable candidates who are older.
- If the outstanding club person is the swimmer of the year then that is satisfactory.
- Once won this does not make the person ineligible to win it again.
- If the club decides to alter these guidelines, that is the club's prerogative.

### MOST OUTSTANDING SWIMMING ACHIEVEMENT:

**Ball Family Trophy**

- Minimum level to qualify: qualify in 2 events & swim these events at BOTH State Distance & State Sprints.
- Other bench marks: National qualifying times  
Top 10 swim  
Medals at state championships  
Medals &/or placings at nationals
- The minimum criteria must be met for the trophy to be issued therefore this may not occur yearly.



### HIGHEST ACCUMULATED POINTS OVER CLUB NIGHT : Wharton Family Trophy

- Goes to the highest accumulated club night points over the current season.

**ENCOURAGEMENT AWARD: Don Just Trophy**

- Trophy awarded to a boy and girl who have put in 100% to improvement of their swimming

**CLUB MERIT AWARD:**

- Awarded to an adult club member for meritorious effort



**JULIE WHARTON MEMORIAL CLUB FAMILY TROPHY**

- Awarded to the club family who has shown outstanding meritorious effort to the club

**JUSTIN CAMERON MEMORIAL SPRINT CHAMPION BOY/GIRL:  
The Cameron Family Trophy**

- Presented to the winners of the 50 metre Open sprint race held during club championships

**Tim Barrett (OAM) Memorial trophy**

- Gatton Swimmer of the Meet Australia Day

**OPEN DISTANCE CHAMPION BOY/GIRL**

- Presented to the open distance overall boy and girl winners

**CHAMPION BOY AND GIRL SWIMMER**

- All points tallied from club nights, age champion , distance and open championship events.

**OVERALL CHAMPION SWIMMER**

- Highest point swimmer from the champion boy / girl

**MOST IMPROVED >11 George Thomas Memorial Trophy**

- All club night points.
- Not an age champion.



**MOST IMPROVED <10 Tony Fitzgerald Trophy**

- All club night points.
- Not an age champion.

**MOST NUMBER OF RECORDS Kevin Andersen trophy**

- Most number of records broken in the Club and Distance Championships.

**BEST & FAIREST AGE MEDALS 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> placings**

- Accumulation of all club night points over the season.

**AGE CHAMPIONSHIP 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> placings**

- Highest points accumulated in club championship nights ONLY (12.5m do not qualify)



## **DISCIPLINE and GRIEVANCES:**

1. It is expected that the ***Pool rules and Club rules*** will be observed by all members at all times.
2. At all swims conducted by the Club, the Referee's decision shall be final and binding. A protest must be submitted in writing to the Referee within thirty ('30) minutes of the event.
3. Should any person disobey any reasonable instruction given by any Club official, the Referee may expel such person from the pool area, and bar such person from taking further part in swimming on that day or subsequent days until the Discipline Committee resolves his/her case. The Referee will report in writing the name and circumstances to the Discipline Committee, who will then meet to decide what further action should be taken.
4. The Discipline Committee shall consist of the Club President, Vice Presidents, Secretary, Treasurer and Club Referee.
5. Any other grievance about the Club's operation should be referred in writing to the Club Secretary for resolution at a Club meeting.

